



The following amendments to the ***Metro Conference Competitions 2026 Competition By-Laws*** apply to the competitions operated by the PJRL that contain PJRL affiliated Clubs and any Teams invited to play in a PJRL Competition.

Any reference to “NSWRL” within the By-Laws, where the context requires and where the responsibility or authority relates to the administration, governance, or operation of the Parramatta Junior Rugby League competition, shall be taken to mean “PJRL”.

6 Appeals and Protests

The PJRL Appeal and Protests Policy Applies:

[Appeals and Protests Policy V1.0.pdf](#)

8. Draws and Times

The PJRL will distribute and create all draws.

A Home Game is the Team listed first (i.e. where a game is listed as CH Dragons vs Box Hill Buffalos, CH Dragons will be the Home Team)

9. Fines

The PJRL Fees, Fines and Penalties Policy will apply.

[Fees Fines and Penalties Policy V1.5.pdf](#)

11. Grading/Regrading

The PJRL Grading and Re-Grading Policy applies:

[Grading & Re-Grading Policy V1.6](#)

18. First Aid /Sports Trainers

To be read in addition:

A registered player whose natural age is 14 to 17 years in the relevant calendar year, and who holds current trainer registration and accreditation, may perform trainer duties for teams that are:

- two (2) age groups younger, or
- two (2) age groups older

than the age group corresponding to their natural age in that calendar year.

Example: A player turning 15 in the calendar year may act as a trainer for Under 13 and younger teams, or Under 17 and older teams.

19. Ground Managers

To be read in conjunction with the PJRL Ground Managers Handbook:

[2026 Ground Managers Handbook](#)

22. On Field Playing Apparel (Uniforms)

Visible Tape may be used **in an emergency, until a jersey is restored** to avoid a duplication of numbers.

Where possible the tape should be the same colour as the number on the shirt.

The Team Sheet must be changed to ensure the players' number is correct.

24. Sideline Area / Bench Locations

The people allowed on the bench in PJRL Competitions are:

U6 -U12

Coach, Manager, 2 x Sports Trainers, Reserves that are on the Team Sheet and are participating in the Game.

U13 and older

Coach, Manager, 3 x Sports Trainers, Reserves that are on the Team Sheet and are participating in the Game.

Assistant Coaches do not exist in the PJRL.

Age	Minimum Personnel Required for Contact Rugby League	Minimum Personnel Required for League Tag	Minimum Accreditation Required
U6-7	One (1) x First Responder for up to four (4) matches being played on an International Field.	One (1) x First Responder for up to four (4) matches being played on an International Field.	<ul style="list-style-type: none"> • League First Aid; or • NRL Level 1 Sports Trainer; or • NRL Level 2 Sports Trainer
U8-9	One (1) x First Responder for up to three (3) matches being played on an International Field.	One (1) x First Responder for up to three (3) matches being played on an International Field.	
U10-12	One (1) x First Responder per match	One (1) x First Responder per match	
U13-15	One (1) x First Responder per team for each match.		
U16+	One (1) x First Responder per team for each match.	One (1) x First Responder per team for each match.	<ul style="list-style-type: none"> • NRL Level 1 Sports Trainer; or • NRL Level 2 Sports Trainer.

29. Finals Series Structure

Where sufficient teams, all competitions will be a 'Top 5' finals series. 5 Team example

Week 1 – G1 2v3; G2 4v5

Week 2 – G1 1 v Winner G1 Week 1; G2 Loser G1 Week 1 v Winner G2 Week 1

Week 3 – Loser G1 Week 2 v Winner G3 Week 2

Week 4 – Winner G1 Week 2 v Winner Week 3

Acronyms

NSWRL – NSW Rugby League

PJRL – Parramatta Junior Rugby League